

# Naturally Clean

We asked our readers to try out a range of natural toothpastes and give their verdict



#### KAREN JEFFERY TRIED

Organic mandarin toothpaste with her 8 year old twins, £3.30 (50ml), [greenpeople.co.uk](http://greenpeople.co.uk)

"My daughter loved the taste of this. Usually she's quite fussy with toothpaste but she found this yummy just like real mandarins and wants me to definitely buy it again. My son is not an orange lover so he was put off by the taste. He said it cleaned his teeth really well but needed to rinse the orangey taste after brushing."



#### KIM KAYLEY TRIED

Phytoshield Lemon Toothpaste, £3.55 (100ml), [lescaro.co.uk](http://lescaro.co.uk)

"Having never tried a toothpaste other than mint, I was a little apprehensive about trying this one! However after a few uses I soon found that I enjoyed the lemony taste and it left my mouth feeling very refreshed and my teeth clean. I discovered that the toothpaste comes from New Zealand however and I would prefer to use brands a little closer to home. 4 out of 5 for effectiveness."



#### PIXIE KINSELLA TRIED

Fennel toothpaste, £2.49 (100ml) [kingfishertoothpaste.com](http://kingfishertoothpaste.com)

"This had a lovely minty taste and my breath smelt fresh for quite some time after cleaning with it. It was mild enough for my twelve-year-old son to like using it too. I would buy this again. I would give it four out of five."



#### LEANNE COLDICOTT TRIED

Weleda Children's Tooth Gel, £2.95 (50ml), [weleda.co.uk](http://weleda.co.uk)

"As children tend to swallow toothpaste rather than spit it out, I was reassured to note that this 100% natural toothpaste is completely harmless. My six year old son tested this toothpaste, which he described as 'fruity, minty' (actually it tastes of fennel, which I really liked). It left his teeth really white and clean, and he enjoyed using it. All in all I think this is a really good first toothpaste that children will enjoy using."



#### MARIANNE GIPSON TRIED

Cebra Tooth Soap Paste, £2.95 (50ml), [cebraonline.com](http://cebraonline.com)

"Simple, appealing packaging, with the wonderful bonus that it is reusable. The toothpaste feels effective and the ingredients are all natural; the taste I find slightly strange, although as it's quite subtle I can imagine getting used to it. I would consider buying this again. 4 out of 5 for effectiveness and full marks for the reusable tube packaging."

