

Fashion Spree

East meets west chic for Manisha

Manisha, who works in Corby, said: "Today I'm wearing leggings from Warehouse, a dress from George at Asda, boots from Nine West and a beret from H&M."

"My jacket is from Mango but I bought it two years ago - I do try to buy things that I know will last for a few years or seasons."

"It was £125 so I do buy expensive items but I try to mix and match, for instance I've just been to Primark and bought a pair of black jeans and a top. I like to shop in places like Primark and George for things that are not obvious pieces, as I don't want to be seen in things that everyone else has but things like jeans are fine as they could be from anywhere."

"I like to stand out from the crowd and be a bit different."

"I try to do the 'east meets west' thing as my family is from India and so I try to incorporate that into what I wear sometimes."

"I love to buy shoes and that's one thing I'll always spend money on - I think it's important to pay for good quality shoes."

"I'm definitely a shoe person."

"My favourite shop for shoes is Dune and Nine West. I love the quality of their shoes and they are usually quite different to what's in other shops."

"When it comes to clothes shops, my favourites are Mango and Zara - they are the types of shops that you don't find in every single town so not everyone has their stuff."

"I go to Milton Keynes to do my

We head out on to the streets to find out what our readers are wearing and how they got their look.

This week we talk to Manisha Pathak, 26, a carer from Peterborough, about her style.

major shops but I do like the Primark here as we don't have one in Peterborough."

"I read magazines now and then. I used to read them all the time for inspiration but not so much anymore. However, if I do buy one it's Glamour - I do get some inspiration from that."

"I've really liked the puffball skirts and dresses that have been around and macs - they've transitioned well from summer into winter and I like that."

"The main thing that I look for when I'm shopping is something that's unusual or bespoke that not everyone is going to have, but obviously price is important too."

"I don't budget as such but if I spend a lot one month I just try to spend less the next. I don't go overboard."



FASHION SPOT

VANILLA SANDS is BHS' brand new label.

For a spring wardrobe staple check out the safari style cropped jacket which costs £28. Your nearest BHS store can be found on Abington Street in Northampton.



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PUT your cashmere-clad feet up, wallow in your PJs and snuggle up on the sofa. This is the one time of year when staying in really is the new going out. Chunky knits, slinky jerseys and sexy silk are all chill-out friendly but can still look catwalk-hot for lounging. Try these Hush antique pink silk pyjamas. They're priced at £95 and are available to buy online at www.hush-uk.com.

Kids' Corner organic skincare

Spree likes to provide something for everyone and that goes for kids too.

So every couple of weeks, we bring you updates on all things kids related, whatever their age, from fashion to toys, gadgets to things they need for school.

This week, we've been looking at a brand new website set up to promote organic products specifically for children.

The website, www.organicchildren.com, only launched last week and is part of the Green People brand, which specialises in organic skincare products.

All the products are made from 100 per cent gentle, vegetarian and cruelty free ingredients.

The ranges include creams, lotions, shampoos, suncreams and even toothpastes. Here are just a few examples.

Children's Bath and Shower - Citrus and Aloe Vera, £6.35.

Kids love the tropical, zesty fragrance and parents will love that it protects sensitive young skin from dryness and irritation.

It has a natural foaming action and gently cleanses while maintaining essential moisture.



Baby Wash - Chamomile, £5.87.

Contains organic aloe vera, chamomile and sandalwood and is suitable for washing body, hair and nappy area.

It has natural and pure protective properties as well as gentle cleansing properties to retain natural skin and scalp oils.

Soothe and Calm Baby Balm, £8.80.

A soothing organic bottom balm which protects against dampness when your baby has nappy rash.

It's also suitable for people who may be prone to eczema, psoriasis and dermatitis.

Repels water to protect against dampness and is rich in minerals and safe, natural ingredients.



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Take part in Spree! If you want to vote for a celebrity you want to get the look of, fancy a style makeover, or would like to do some secret shopping for us, call Jill Robinson on 01536 506166, email jill.robinson@northantsnews.co.uk or message us on our myspace page, www.myspace.com/northantsat.